
Summer | 2017



Summer Sports Camps

Day Camps for Ages 7 – 11

Information Package

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OUR MISSION

Our mission is to provide high quality recreational and sports camps for children from the ages of eight to twelve.

WHAT'S IN THIS PACKAGE?

In this package, you will find:

1. Parent/Guardian Contact Form
2. Medical Information Form
3. Medical Treatment Authorization
4. Check Out Authorization Plan
5. Guardian Waiver and Release of Liability Form
6. Sun Safety Policy and Procedures
7. Forms for submission:
 - Sunscreen Policy and Form
 - Parent/Guardian Waiver and Release of Liability Form
 - Check Out Authorization Plan
 - Parent/Guardian Contact Form
 - Medical Information Form

WHAT TO BRING EVERYDAY

Sunscreen

In an effort to keep all our campers safe and ensure they enjoy their time at Banook, the regular and repeated application of sunscreen is MANDATORY. Children must be able to apply their own Sunscreen when instructed to do so by the counselors. If your child is not able to apply their own sunscreen, they must be provided with SPRAY ON sunscreen. Banook Canoe Club does not accept responsibility for sunburns should a child refuse to apply sunscreen. Please ensure your child is protected from harmful UV rays by following our policy.

Valuables

During your child's camp they will experience many entertaining and active games and activities. We strongly suggest that you and your child leave cell phones, handheld games, MP3 players, etc., at home, to avoid them being lost, misplaced, or forgotten.

Should you need to reach your child during camp, please refer to the contact information provided. Your child is welcome to use the courtesy phone should they feel a need to contact you.

Clothing and Shoes

Our camps involve a great deal of movement. Sneakers, shorts or sweatpants, t-shirts and jackets/sweatshirts will provide the best clothing options for your child throughout the day. A change of clothes is a good idea, as they may get wet during paddling portions of the day.

Swimming Gear

Camp participants will need swimming apparel daily. Please pack a swimsuit and towel for your child everyday.

Backpack/Gym Bag

For ease of transport, we recommend that your child carry a backpack to keep all of their possessions together. Labeling your child's belongings also makes it easier for our staff to identify items that belong to your child and return them promptly.

Water Bottle

Parents are asked to send a water bottle each day, labeled with your child's name. Please encourage your child to drink water throughout the day. They will be able to refill their bottles on site.

ARRIVING AT CAMP

Your child's day will begin and end at the Banook Canoe Club. Activities take place at the Club and various outdoor locations, such as the soccer field beside Crichton Park School.

Parking

Parking is available in front of the Banook Canoe Club. Please do not double park or block other vehicles from entering or exiting our parking lot.

Check-In Procedures

Children will be checked in at the gym. Check in will begin 8:00am for early arrivals and 8:30am for all other participants.

Fees for Early Arrivals

There is a fee of \$5.00 per day for dropping your child off between 8:00am and 8:30am and picking them up between 4:30pm and 5:00pm.

Late Arrivals

All late arrivals (after 8:50am) should proceed to the club office.

DEPARTING FROM CAMP

Early Departures

Please inform staff of any early departures at least one day in advance to ensure a smooth checkout.

Check Out Authorization

There are two checkout authorization plans:

Plan 1: Personally checking out your child is a great way to maintain communication with our camp staff regarding your child's camp experience. Please inform the staff of who will be picking up your child at the end of the day. Check out is at 4:30pm.

Plan 2: This plan authorizes your child to leave camp on their own at the end of the day.

Please select the plan that works best for you on the Guardian Waiver and Release of Liability Form.

Fees for Late Checkout

There is a fee of \$5.00 fee for dropping your child off between 8:00am and 8:30am and for picking your child up between 4:30pm and 5:00pm.

An additional late pick fee of \$15.00 per child for every 5 minutes after 5:15pm will be charged to your credit card.

PAYMENT

Payment for all camps must be paid in full upon registration. All NSF cheques will be charged a \$50.00 fee. We accept cash, cheque, Visa and MasterCard.

CANCELLATIONS & REFUNDS

If for some unexpected reason we must cancel or re-schedule a camp, a full refund of the camp registration fee will be issued. In the event of a certified medical condition (a letter from your doctor must be provided), you will be receiving a refund minus a \$50.00 administration fee. Cancellations without a doctor note and after July 1st, 2017 will be refunded 50% of the total amount paid. We reserve the right to cancel any weeks without at least 10 participants.

ACCIDENTS & EMERGENCIES

Accidents can happen and in the event they do, our camp staff is certified in CPR and first aid. We also have a fully trained Lifeguard Staff on duty and the Lake Patrol at our disposal. We will assess the situation, take appropriate medical action and inform you as quickly as possible using the contact information you have provided. Please complete the Guardian Waiver and Release of Liability Form to ensure we can provide the best care to your child in the event of an emergency.

Medication

If medication of any type (including over the counter or prescription) is required, it must be administered by the Camp Staff. The Supplemental Information and Medical Form must be completed by the parent/guardian to ensure we are able to do so, as required. All medication must be in its original containers.

Illness

If your child becomes ill while at camp, you will be notified. We do not have a registered nurse on staff. We will ask you to make the decision whether to remove your child from the program for the day. We ask that you do not bring your child to camp if he/she is ill.

FOOD

We are not officially a nut-free facility. We encourage your lunches and snack to be free of nuts but we do not guarantee a nut-free environment.

Lunches

We recommend you pack your child's lunch in a small cooler, lunch box, or lunch bag. Refrigeration is not available. When packing your child's lunch please put his/her name on the cooler/bag. Please help us in making sure your child has the energy needed to enjoy camp by making sure they eat a good breakfast and have a substantial lunch packed.

Banook is pleased to offer a canteen with warm lunch selections, sandwiches, healthy snacks and treats. You can provide your children with money, debit, or open a "tab" for them. Summer Day Camp staff and Banook Canteen staff are not responsible for regulating what your child buys.

Snacks

Parents should provide a small snack for their children in addition to lunch as the camps include a snack/break time in their itineraries.

ACTIVITIES

Activities will vary with each session based on available equipment and weather. Our goal is to provide a supportive and enjoyable environment. A typical day at our camp can be described as a "fun PE class". Each session will focus on exposing campers to a variety of activities stimulating the mind and body.

Many activities will involve being on the water, including an introduction to the sport of paddling and swimming. For days that are not so nice, Banook has a full size gym that the day camps will be able to use. Your child will be exposed to numerous different sports, games, and activities that will keep them active. As mentioned above, we strongly recommend that your child bring a water bottle to camp.

CODE OF CONDUCT

Participation in the Banook Canoe Club camps brings a variety of campers, parents, and staff together. The success of the camps depends on all persons taking responsibility for their actions.

We ask campers to be responsible for:

- Playing by the camp rules
- Being fair to other campers and treating them with respect
- Treating camp leaders with respect and working with them for the betterment of the “team”
- Speaking respectfully, openly, and honestly in private to camp leaders should a dispute arise

Parents, please support your children and our leaders by:

- Helping us by set an example for your child
- Adhering to the policies and procedure laid out in this information package
- Supporting the camp’s mission of, *“providing high quality recreational and sports camps for children from the ages of eight to twelve”*.
- Communicating ideas, questions, and concerns to our manager, to ensure positive outcomes for everyone
- Ensuring that you child is behaving conjunction with our camps Code of Conduct.

There is ZERO tolerance for the use of profanity, violent behavior and displays of temper, and the use of drugs or alcohol.

Failure to comply with the Code of Conduct for Campers and Parents may result in your child being suspended and/or removed from the camp program.

DISCIPLINE

Our goal is to create a fun environment for children that will promote personal growth. We bring youth together for recreational activities and play. We encourage opportunities for new friendships, improved performance, and growth for each participant. These opportunities present camps with many challenges and in some circumstances, it may result in unwelcome behavior. Campers are given the opportunity to re-group and re-assess how to best meet the challenges they may face. Should unwanted behavior continue, parents would be encouraged to support their child in finding a workable solution.

COMMUNICATIONS

E-Mail

If you would like to email our Club Manager, Michelle LaPorte, feel free to do so at Banook@banookcanoecub.com

Email is a great way to receive up-to-date camp information, so you are encouraged to provide email contact information on the registration form.

Website

Banook Canoe Club will post schedules and newsletters on our website: www.banookcanoecub.com

Contacting Your Child During Camp

If you have an emergency and need to contact your child during the camp, please call the office at 902-464-1740 or the email at Banook@banookcanoecub.com

Your child is welcome to use the courtesy phone should they need to contact you.

To report absences, messages or general information, please call 902-464-1740.

As always, we thank you and are looking forward to a fun-filled 2017 summer!

